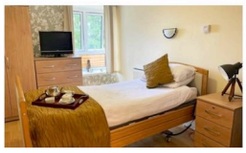
CRAIGIEKNOWES
CARE HOME



INTRODUCTION

Message From Our Manager

Welcome to our Autumn Newsletter.

As we move into a new season, it is lovely to look back at what has been a busy and enjoyable summer here at Craigieknowes. We have had plenty happening, from our very successful Summer Fete and afternoons in the garden to music, good food and lots of activities around the home.

We have also welcomed several new members to our team and continued with improvements around the home, including upgrades to residents' bedrooms. It is always good to see Craigieknowes continuing to develop while maintaining the friendly and familiar atmosphere that is so important to our residents.

A huge thank you goes to our residents, families, friends, volunteers, local community and staff for your continued support. Your involvement makes such a difference to life at Craigieknowes, particularly at events such as our Summer Fete.

We hope you enjoy catching up on some of our recent news and seeing what we have planned for the months ahead.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign Up

Best wishes,

Liz Stewart
Home Manager

SAVE THE DATES

DATES IN THE *Craigieknowes Diary*

On 9th September, residents will be taking part in P&K Go4Gold at Kilgraston School in Bridge of Earn, enjoying games and activities alongside residents from other care homes.

Our fortnightly Wednesday visits from Inch View Nursery will also continue, giving residents the opportunity to spend time with the children and enjoy activities together.

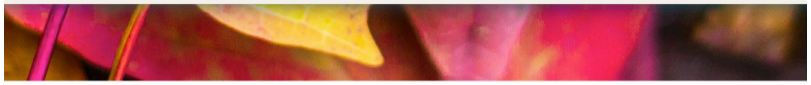
Paul Sullivan will be joining us on 14th September for an afternoon of Elvis favourites, followed by a visit from Harris the cat on 17th September between 11.00am and 12 noon.

Our friends from Gospel Hall Perth will continue to hold a church service at Craigieknowes on the last Thursday of each month.

On 8th October, we will celebrate World Food Day, with members of our staff team bringing in food from different cultures for residents and colleagues to sample.

Residents will also be heading to New Rannoch Day Centre on 15th October for a Tea Dance, giving everyone the chance to enjoy music, dancing and good company.

Finally, we will round off October with our Halloween Party on 30th October at 2.30pm. We are also looking forward to some trick-or-treat fun with our nursery visitors.



ACTIVITIES & EVENTS

Craigieknowes Summer Fete

Our Summer Fete was a fantastic day and brought residents, families, staff, volunteers and members of our local community together for an afternoon of entertainment and fun.

Residents had a great time singing along with our entertainer, enjoying ice creams and watching staff brave the popular Soak the Staff attraction. There were certainly plenty of willing participants ready to throw a wet sponge or two!

Thanks to everyone's generosity, we raised an amazing **£805.01** for the Craigieknowes Care Home Residents' Comfort Fund. The money raised will help towards activities, entertainment and outings for our residents.

A big thank you goes to everyone who helped make the event possible, particularly our Maintenance Officer, our Activities Team, staff and volunteers. We would also like to thank Gospel Church Perth for kindly lending us tables, the Newfoundland water rescue dogs for joining us and all of our stallholders for supporting the event.

Most importantly, thank you to our residents, families and local community for coming along and making the day such a success.

Chippy Tuesday

At a recent residents' meeting, there was a request for a good old-fashioned chippy, so naturally we had to make it happen!

Chippy Tuesday saw residents enjoying a takeaway from Craigie Cross Fish and Chip Company, with everyone sitting down together to enjoy their chosen favourites.

Residents' suggestions play an important part in planning life at Craigieknowes, and sometimes it is the simple things that prove the most popular. Judging by the response, Chippy Tuesday may well have to make another appearance in the future.

Singing Along with Our New Karaoke Machine

Our new karaoke machine has already been put to very good use in the Treetops Lounge.

Residents combined a little exercise with music, moving along to ‘Let’s Twist Again’ before taking the microphone for a singalong. There were plenty of familiar songs, smiles and laughter throughout the session.

Music is always a favourite at Craigieknowes, and our new karaoke machine gives us another way to bring residents together and add a bit of fun to our afternoons.

Our ‘Magic’ Garden

The lovely summer weather gave us plenty of opportunities to enjoy our outdoor spaces, and Chrissy P was particularly happy spending time in what she described as our ‘Magic’ garden.

Chrissy enjoyed sitting outside in the sunshine, taking in the surroundings and simply enjoying a peaceful moment in the fresh air.

Our garden is an important space for residents and families, whether enjoying organised activities, spending time with visitors or finding a quiet spot to sit and relax.

A Bench in Memory of Eddie Hannigan

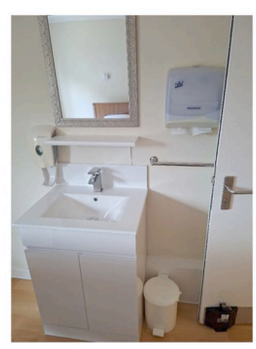
We are very grateful for the donation of a lovely garden bench in memory of former resident Eddie Hannigan.

The bench is a thoughtful addition to our garden and provides a comfortable place for residents and families to sit together and enjoy the outdoor space.

Eddie's son and daughter, Colin and Heather, joined us for the occasion, cutting the green Craigieknowes ribbon to officially declare the bench open. Also joining them were Donna Chambers, Clinical Lead, and Maggie Lamb, Senior Care Assistant, who were closely involved in Eddie's care and were members of staff he was particularly fond of.

Following the ceremony, everyone enjoyed tea, coffee and cakes together, giving residents, staff and guests the opportunity to spend some time together and mark the occasion.

Bedroom Improvements



Work is continuing around Craigieknowes as part of our ongoing programme of improvements to the home.

The sinks in residents' bedrooms are currently being refurbished, with four being completed at a time to keep disruption to a minimum. The existing sinks are being replaced with new sinks and vanity cupboards.

As well as giving the bedrooms a fresher and more modern appearance, the new units provide residents with some useful additional storage space.

We appreciate everyone's patience while the work is carried out and look forward to seeing the improvements completed throughout the home.

STAFF NEWS & UPDATES

Welcome to Andy

We are pleased to welcome Andy Lambie to Craigieknowes as our new Head Chef.

Andy brings with him 20 years of experience working in catering and will be leading our kitchen team in providing residents with varied and enjoyable meals.

We are delighted to have Andy joining the team and hope residents and families will give him a warm Craigieknowes welcome.

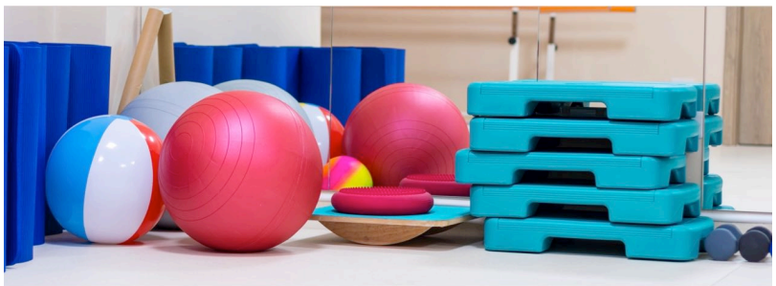
Welcoming Gobindra and Heather

We have also welcomed two new Care Assistants to the Craigieknowes team.

Gobindra Giri has previous experience working within care homes as a Domestic Assistant and is now developing his skills in his new role as a Care Assistant. Heather Walker has previous experience working in care and has joined us on a part-time basis.

We are pleased to have them both on board and wish them every success as they settle into their new roles and get to know our residents, relatives and colleagues.

Meet Laura – Activities Assistant



Laura Gunn joined Craigieknowes three months ago as an Activities Assistant and has already become a familiar face around the home.

Laura says:
"My name is Laura Gunn and I have worked at Craigieknowes as an Activities Assistant for three months now. I have two amazing children called Alexander and Jessica, who are my pride and joy. I also have a cat called Martha who drives us all mad!

I feel very blessed to be working in my role as Activities Assistant and aim to make a difference to every resident in the home through a variety of different activities tailored to each individual.

I love the family feel throughout Craigieknowes between residents, staff and visiting family and friends. I look forward to a long and happy future here at Craigieknowes."

We are delighted to have Laura as part of our Activities Team and look forward to seeing more of her ideas and activities over the coming months.

Employees of the Month

Congratulations to our recent Employees of the Month for July and August, Katie Ritchie and Care Assistant Ernest Osei-Kuffour.

Katie is a dedicated Kitchen Assistant who is always ready to lend a hand and does so with a smile. Her helpful nature and positive attitude are appreciated by residents and colleagues alike.

Ernest was named Employee of the Month for August in recognition of his hard work and contribution to the home.

Well done to Katie and Ernest, and thank you both for everything you do for our residents and the team.

COMING UP

Looking Ahead

There is plenty to keep us busy as we move further into autumn.

Our regular activities and entertainment will continue alongside nursery visits, outings and special events. We are particularly looking forward to Go4Gold, our Tea Dance and World Food Day, as well as all the fun of Halloween at the end of October.

Work will also continue on improvements around the home, while our Activities Team will keep listening to residents' suggestions and planning activities around the things they enjoy.

Thank you once again to our residents, relatives, friends, volunteers and dedicated staff team for your continued support. We look forward to another enjoyable season together and to sharing more Craigieknowes news in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Craigieknowes Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & **Google Reviews**

CRAIGIEKNOWES
CARE HOME

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